

# Vale of Glamorgan Beach Guide

Beaches	Description	Car Park	Toilets S=seasonal	Disabled Facilities	Refreshments S=seasonal	Lifeguards during summer season	Dogs allowed all year	No dogs during May 1 - 30 Sept
<b>Ogmore by Sea</b>	Wide sand and pebble beach. Access dependant on the tide level of the Ogmore river. Great for Walkers.	✓	✓	✓	S	✓	✓	
<b>Dunraven Bay</b>	Depending on the tide, at most times it's a sand and pebble bay with rock pools connected to the Wales Coast Path. Popular for surfing and kayaking.	✓	✓	✓	S	✓		✓
<b>Cwm Nash</b>	Following a picturesque walk along a tree lined track, the beach at Cwm Nash, also known as Monknash, is a beautiful beach with a dramatic cliff backdrop. When the tide is out rock platforms create gushing waterfalls that lead to stunning golden sands.						✓	
<b>Nash Point</b>	Rocky shore with rugged cliffs and the lighthouse nearby. Spectacular geology.	✓	S		S		✓	
<b>Cwm Colhuw</b>	Rock pools and sand linked to the Wales Coast Path. Amazing cliff top views.	✓	✓	✓	✓	✓		✓
<b>Summerhouse Point</b>	Quiet, flat rock beach. Perfect for walking and angling.						✓	
<b>The Leys</b>	One of South Wales' best shore angling beaches. Very rocky. Next to Aberthaw Power Station.	✓					✓	
<b>Fontygary Bay</b>	Sheltered beach backed by cliffs. Mixture of sand, pebbles and rock pools.	✓					✓	
<b>Porthkerry</b>	Wide pebble beach adjoining Porthkerry Country Park, with its adventure playground, wooded nature trails and pitch & putt. A great family day out.	✓	✓	✓	✓		✓	
<b>Cold Knap</b>	Wide pebble beach with coastal walks nearby. Conditions are perfect for windsurfing and sea angling.	✓	✓	✓	✓			✓
<b>Whitmore Bay</b>	Traditional seaside resort with wide sandy beaches, cafes, shops, beach huts and attractions. Beach wheelchairs to hire (free) anytime.	✓	✓	✓	✓	✓		✓
<b>Jackson's Bay</b>	Small sandy bay linked by a footpath to Whitmore Bay.		S				✓	
<b>St Mary's Well Bay</b>	Small sandy beach. Great for fossil hunting and views to Flat Holm and Steep Holm islands.	✓					✓	
<b>Penarth Seafront</b>	Great for relaxing in the seafront gardens, visiting the pier and strolling along the esplanade with steps leading to the pebble and shingle beach.	✓	✓	✓	✓			✓